## Interview with Ally course students

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## Q. What is your current research?

A: Regarding the development and validation of an ICT-based intervention program for mental health promotion among Chinese immigrant women in Japan.

## Q: Why did you decide to attend the Ally course?

A: When I was in the first year of my Ph.D., I became interested in working in an international institution. At that time, I saw the poster of the Ally course. It mentioned that can participate in a cooperative activity with international organizations, such as WHO and JICA. Thus, I decided to apply. The other reason is I wanted to practice my English.

Q: What was your most memorable experience, lecture, or event in the Ally course? A: It was attending the SaSSOH student session. I was surprised that only Ph.D. students organized the student session from planning to carrying out. Besides, attending the student session was a joyful and professionally rewarding experience.



Q: How do you think your participation in the Ally course will help you in your future research? A: It is challenging to solve health-related research problems only using knowledge from the nursing sciences. Based on my experiences in the Ally course, I can methodically examine research problems from different angles, systematically establish suitable study protocols, and comprehensively test possible solutions in my future research.

## We wish you further success in your research and Ally course!!