北海道大学
One Health フロンティア卓越大学院プログラム
One Health Allyコース
Student Free Design Activities報告書

Hokkaido University
WISE Program for
"One Health Frontier Graduate School of Excellence"
One Health Ally Course
Student Free Design Activities Report from

Student Free Design Activities (One Health on-site Training) 報告書 Report

報告者 [Reporter]

氏名 [Full Name]	Rishi Baral		
学年 [Year]	D4	E-mail	
所属 [Affiliation]	Affiliation] Laboratory of Wildlife Biology and Medicine, Department of Environ Sciences, Faculty of Veterinary Medicine, Hokkaido University		rtment of Environmental Veterinary

担当教員 [Instructor]

氏名 [Full Name]	Professor Toshio Tsubota		
署名 [Signature]			
	Laboratory of Wildlife Biology and Medicine, Faculty of Veterinary Medicine, Hokkaido University.		
E-mail		電話 [Tel]	

活動報告 [Activity Report]

※活動内容が判る様な写真や図表を加えて下さい。/ Provide photos, tables and figures that clearly show the activities during the period.

タイトル [Course Title]	7th International Human-Bear Conflicts Workshop	
実施期間 [Periods]	October 5 - 9, 2025 Kalispell, Montana, USA	
共同実施者 [Other participants]	300 participants from 20 countries	
言語 [Language] English		
実施場所 [Location]	Red Lion Hotel Kalispell, 20 N. Main Street, Kalispell, MT 59901, Montana, USA	

申請時計画の実施報告 [Report how you carried out your plan in the application form]

Did you follow the schedule you initially planned? Did you get the outcome(s) you expected? Please describe what you did during the activity period in detail.

Yes, I followed the schedule I initially planned and participated fully in all the major sessions, workshops, and networking events of the 7th International Human–Bear Conflicts Workshop held in Kalispell, Montana, USA from October 5–9, 2025.

During the activity period, I attended daily sessions focusing on managing human—bear conflicts, education and outreach, mitigation tools, and community-based coexistence strategies. On October 9, I delivered my oral presentation titled "Bears of Nepal: Current Status and Human—Wildlife Conflict Dynamics", sharing my research findings and discussing Nepal's community-based conservation approaches. I also participated in workshops on evidence-based engagement and data standardization, where I learned new techniques for conflict assessment and information sharing.

Throughout the week, I actively engaged in panel discussions, Q&A sessions, and networking events, building connections with international researchers, wildlife managers, and Indigenous representatives. I also joined bear spray training and a field visit to Glacier National Park, which provided practical insights into field safety and coexistence practices.

Overall, I achieved and even exceeded my expected outcomes. I strengthened my presentation and international communication skills, gained new knowledge on conflict mitigation and data collection methods, and established

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international contacts for future collaboration. The experiences and lessons learned during this program will directly support my ongoing research and contribute to the development of One Health–based conservation approaches in Nepal.

目的達成状況報告 [Report how you achieved your goal/objectives listed in the application form]

Did you achieve all the goals you initially planned? If not, please describe why you failed to fulfill your objectives.

I successfully achieved all the goals I initially planned for my participation in the 7th International Human–Bear Conflicts Workshop. My objectives were to:

- 1. Share my research findings on human–bear conflicts in Nepal.
- 2. Learn new approaches to conflict mitigation, community-based coexistence, and outreach from global experts.
- 3. Establish international collaborations to strengthen future research and conservation efforts in Nepal.

During the workshop, I delivered my oral presentation, which allowed me to communicate my research results and receive valuable feedback from international participants. I actively attended sessions, workshops, and field activities, gaining knowledge on data standardization, evidence-based engagement, and practical mitigation strategies. I also engaged in discussions with researchers and practitioners from multiple countries, exchanging ideas and exploring opportunities for future collaborative projects.

As a result, I not only met but also exceeded my expectations by strengthening my presentation and communication skills, acquiring practical and theoretical insights, and building international networks that will support ongoing and future One Health–oriented conservation research in Nepal. There were no objectives that I failed to fulfill. Overall, the program fully supported the goals outlined in my application, providing both professional development and actionable insights applicable to my research and conservation work.

One Health Approach実践報告 [Report how your activity could link to One Health Approach]

Did you have a chance to experience One Health approach (collaboration with people from other academic areas)? Please describe some of the examples of One Health approach you implemented in your activity. Otherwise, explain the possibility(ies) how you could link this activity to One Health approach for your future.

Yes, my participation in the 7th International Human—Bear Conflicts Workshop provided several opportunities to experience and link my work to the One Health approach, which emphasizes the interconnected health of humans, animals, and the environment. During the workshop, I interacted and collaborated with experts from multiple academic and professional fields, including wildlife biology, community development, public health, and Indigenous knowledge systems.

For example:

- In workshops on community-based conflict mitigation, I discussed strategies that integrate human safety, wildlife conservation, and local community well-being.
- In panel discussions and informal networking sessions, I exchanged ideas with researchers and managers working on policy, ecology, and education, highlighting the need to consider human and environmental health in wildlife conflict interventions.
- The field activities and bear spray training provided practical insights into human—wildlife coexistence while emphasizing safety, education, and ecosystem health.

These experiences reinforced the importance of cross-disciplinary collaboration and will directly influence my future research in Nepal. I plan to integrate One Health principles into my ongoing projects by developing conflict mitigation strategies that simultaneously improve human safety, protect bear populations, and support healthy ecosystems. The workshop has strengthened my capacity to design conservation programs that address ecological, social, and public health outcomes in a holistic manner.

備考 [Remarks]

I would like to express my sincere gratitude to the organizers of the 7th International Human–Bear Conflicts Workshop for providing this valuable opportunity to learn and share knowledge. I also extend my heartfelt thanks to the EXEX program for their generous funding support, which made my participation possible.

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※ 報告書を作成後、担当教員に確認をお願いし署名をもらってください。PDFファイルとしてVetlogから提出してください。

提出先:「Student Free Design Activities報告書」

Please ask your instructor to check this report and get his/her signature. The scanned report is to be submitted through Vetlog \[Student Free Design Activities Report \] .

Activity Details along with Photos and table.

Event: 7th International Human–Bear Conflicts Workshop

Location: Kalispell, Montana, USA

Organizer & Host Organizations: The workshop is co-hosted by Polar Bears International and Montana Fish,

Wildlife & Park

Date: October 5–9, 2025

Theme: "Changing the Narrative of Human-Bear Conflicts" Human Bear Conflicts

1. Daily Agenda & Participation

Using the published schedule, I followed a full program of sessions, workshops, and networking events. Below is a summary of how I engaged each day:

Day	Key Activities & Sessions	My Involvement	
Oct 5 (Sunday)	Registration, optional field trips/trainings, welcome social	Arrived, registered, and joined the welcome events.	
Oct 6 (Monday)	Welcome addresses, keynote, Session I (Managing Human-Bear Conflict), workshop on evidence-based engagement	Attended keynote and sessions, participated in workshop discussions.	
Oct 7 (Tuesday)	Panel on bear viewing, Session II (Education & Messaging), Session III (Conflict Mitigation Tools)	Attended sessions, asked questions, networked with presenters.	
Oct 8 (Wednesday)	Continued Session III, Workshop on data standardization, Session IV on community-based mitigation	Participated in the data standards workshop; engaged with presenters.	
Oct 9 (Thursday)	Session IV (continued), my oral presentation "Bears of Nepal: Current Status and Human–Wildlife Conflict Dynamics," panel discussion, interactive discussion, and exit survey	Delivered my talk, joined panels, contributed in final discussions. Human Bear Conflicts	
Oct 10 (Friday)	Optional field trips/trainings	Observed field activities (if applicable) and networked with participants.	

2. Oral Presentation & Session Highlights

My presentation, "Bears of Nepal: Current Status and Human-Wildlife Conflict Dynamics," was scheduled
in Session IV – Community-Based Human-Bear Conflict Mitigation on Thursday, October 9. Human Bear
Conflicts

- I shared research results from Nepal, comparing conflict patterns, mitigation successes and challenges, and suggestions for community-engaged strategies.
- I also attended other sessions across multiple themes: education & outreach, media communication, standardization of data collection methods, and mitigation tools. These enriched my understanding and provided new methodological insights.

3. Networking, Workshops, & Collaboration

- Attended workshops on evidence-based engagement and data standardization, interacting with scientists, long-term bear managers, and Indigenous representatives across regions.
- Engaged in informal discussions and networking sessions with participants from countries such as the U.S., Canada, Europe, and Asia, exchanging experiences, challenges, and future collaboration ideas.
- Explored possibilities for collaborative research, comparative studies, and adaptation of mitigation frameworks to Nepalese contexts.

4. Outcomes & Intended Impact

- Strengthened my presentation and communication skills in an international setting.
- Acquired new theoretical and practical approaches to conflict mitigation, outreach, and co-existence strategies.
- Gathered contacts and potential collaborators for future studies in bear conservation and human-wildlife conflict research.
- The knowledge and methods learned (e.g., data standardization) are directly applicable to my ongoing and future work in Nepal.
- The event motivated refining my research design to integrate cross-disciplinary (One Health) approaches and improved community engagement.







I am participating in bear spray use training

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